

<div> <div> Saint Joseph Rehabilitation &amp; Nursing Center St. Marks Calendar </div> <div> January, 2024 321 Centre St, Dorchester MA 02124 (617) 825-6320 </div> <div> Saint Joseph Rehabilitation &amp; Nursing Centers Ombudsman is Sebra Barcuis She can be reached at (617) 447-6614 </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 NEW YEAR'S DAY</b> 9:30 Coffee Social 9:45 Vietnamese Relaxing Music <b>10:00 New Year Trivia</b> 	<b>2</b> 9:30 Coffee Lover 9:45 Vietnamese Oldies <b>10:00Cooking Group</b> <b>10:30Chapel</b> 12:00 Resident Lunch 12:45 Move to the Music (MDR) <b>2:00 Resident Council (3DR)</b> <b>2:30 Hallway Singalong</b> 3:30 Mobil Spa <b>4:00MusicMemories</b>	<b>3</b> 9:30 Coffee Time 9:45 Vietnamese Relaxing Music <b>10:00 Jewelry Making</b> <b>10:30 Chapel</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00 Music Concert w/Seth (MDR)</b> 3:30 Refreshing Beverages & Snacks <b>3:30 Motown Tunes</b>	<b>4</b> 9:30 I Love Coffee 9:45 Vietnamese Country Music <b>10:00 Table Game</b> <b>10:30 Chapel</b> 12:00Resident Lunch 12:45 Move to the Music (MDR) <b>2:00 Bingo (3DR)</b> 3:30 1:1 Activities <b>4:00 Soothing Winter Classics (Ch.39)</b>	<b>5</b> 9:30 Coffee Chat 9:45 Vietnamese Oldies <b>10:00Fun Crochet</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00 Cinema Movie Time!</b> 3:00 Scream 'n Ice Cream Joy	<b>6</b> 9:30 Room Visits 10:30Coffee & Snacks Social <b>10:30 Saturday Hymns (Ch.39)</b> <b>11:15 Music (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch
<b>7</b> 9:30 Room Visits 10:30Coffee & Snacks Social <b>10:30 Sunday Mass (Ch.39)</b> <b>11:00 Morning Star Worship (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch <b>3:00 Slow Tunes (Ch.39)</b>	<b>8</b> 9:30 Coffee Social 9:45 Vietnamese Relaxing Music <b>10:00 New Year Decoration</b> <b>10:30 Chapel</b> <b>11:30 Passport Travel-London</b> 12:00 Resident Lunch <b>2:00 Best Nail Salon</b> <b>3:00 Monday Oldies</b> 3:30 Room Visits	<b>9</b> 9:30Coffee Lover 9:45 Vietnamese Oldies <b>10:00Cooking Group</b> <b>10:30Chapel</b> 12:00 Resident Lunch 12:45 Move to the Music (MDR) <b>2:00Hallway Singalong</b> 3:30 Mobil Spa <b>4:00Music Memories</b>	<b>10</b> 9:30Coffee Time 9:45Vietnamese Relaxing Music <b>10:00Jewelry Crafts</b> <b>10:30 Mass Service w/Father Finn</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00Music Concert w/Bette Bee (MDR)</b> 3:30 Refreshing Beverages & Snacks	<b>11</b> 9:30 I Love Coffee 9:45 Vietnamese Country Music <b>10:00 Table Game</b> <b>10:30Chapel</b> 12:00Resident Lunch 12:45Move to the Music (MDR) <b>2:00 Bingo (3DR)</b> 3:30 1:1 Activities <b>4:00 Soothing Winter Classics (Ch.39)</b>	<b>12</b> 9:30Coffee Chat 9:45 Vietnamese Oldies <b>10:00Fun Crochet</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00 Cinema Movie Time!</b> 3:00 Scream 'n Ice Cream Joy	<b>13</b> 9:30 Room Visits 10:30 Coffee & SnacksSocial <b>10:30 Saturday Hymns (Ch.39)</b> <b>11:15 Music (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch <b>1:30 Vietnamese Music Concert w/Vu Tran (3DR)</b>
<b>14</b> 9:30 Room Visits 10:30Coffee & Snacks Social <b>10:30 Sunday Mass (Ch.39)</b> <b>11:00 Morning Star Worship (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch <b>3:00 Slow Tunes (Ch.39)</b>	<b>15MARTIN LUTHER KING JR. DAY</b> 9:30 Coffee Gathering 9:45 Vietnamese Relaxing Music <b>10:00New Year Lantern Crafts</b> <b>10:30 Chapel</b> <b>11:30 Passport Travel-London</b> 12:00 Resident Lunch <b>2:00Martin Luther King Celebration w/Marie &amp; Ariel</b> 3:30 Room Visits	<b>16</b> 9:30Coffee Social 9:45 Vietnamese Oldies <b>10:00Cooking Group</b> <b>10:30Chapel</b> 12:00 Resident Lunch 12:45Move to the Music (MDR) <b>2:00Hallway Singalong</b> 3:30Mobile Spa <b>4:00Music Memories</b>	<b>17</b> 9:30 Coffee Time 9:45 Vietnamese Relaxing Music <b>10:00Jewelry Crafts</b> <b>10:30Chapel</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00 Veteran's Group w/Zach(MDR)</b> 3:30 Refreshing Beverages & Snacks <b>3:30 Motown Tunes</b>	<b>18</b> 9:30 Coffee ChitChat 9:45 Vietnamese Country Music <b>10:00 Table Games</b> <b>10:30Chapel</b> 12:00Resident Lunch 12:45Move to the Music (MDR) <b>2:00 Bingo (3DR)</b> 3:30 1:1 Activities <b>4:00 Soothing Winter Classics (Ch.39)</b>	<b>19</b> 9:30 Coffee House 9:45 Vietnamese Oldies <b>10:00Fun Crochet</b> 11:00 GracefulMotion (MDR) 12:00Resident Lunch <b>2:00Cinema Movie Time!</b> 3:00Scream 'n Ice Cream Joy	<b>20</b> 9:30 Room Visits 10:45 Coffee & Snacks Social <b>10:30 Saturday Hymns (Ch.39)</b> <b>11:15 Music (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch
<b>21</b> 9:30 Room Visits 10:30Coffee & Snack Social <b>10:30 Sunday Mass (Ch.39)</b> <b>11:00 Morning Star Worship (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch <b>3:00 Slow Tunes (Ch.39)</b>	<b>22</b> 9:30 Coffee Meetup 9:45 Vietnamese Relaxing Music <b>10:00New Year Firecracker Crafts</b> <b>10:30 Chapel</b> <b>11:30Lawrence Welch Show (Ch.39)</b> 12:00 Resident Lunch <b>2:00 Manicure Time!</b> <b>3:00 Monday Oldies</b> 3:30 Room Visits	<b>23</b> 9:30Coffee Chat 9:45 Vietnamese Oldies <b>10:00Cooking Group</b> <b>10:30Chapel</b> 12:00 Resident Lunch 12:45Move to the Music (MDR) <b>2:00 Hallway Singalong</b> 3:30Mobile Spa <b>4:00Music Memories</b>	<b>24</b> 9:30Coffee House 9:45Vietnamese Relaxing Music <b>10:00Jewelry Crafts</b> <b>10:30 Chapel</b> 12:00Resident Lunch <b>2:00Activity on the Move w/Willie Pleansant (MDR)</b> 3:30 Refreshing Beverages & Snacks <b>3:30 Motown Tunes</b>	<b>25</b> 9:30Coffee Lover 9:45 Vietnamese Country Music <b>10:00 Table Game</b> <b>10:30 Chapel</b> 12:00Resident Lunch 12:45Move to the Music (MDR) <b>2:00Bingo (3DR)</b> 3:30 1:1 Activities <b>4:00 Soothing Winter Classics</b>	<b>26</b> 9:30Coffee Social 9:45 Vietnamese Oldies <b>10:00Fun Crochet</b> 11:00 GracefulMotion (MDR) 12:00Resident Lunch <b>2:00Movie Time!</b> 3:00Scream 'n Ice Cream Joy	<b>27</b> 9:30 Room Visits 10:45 Coffee & Snacks Social <b>10:30 Saturday Hymns (Ch.39)</b> <b>11:15 Musicl (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch
<b>28</b> 9:30 Room Visits 10:30Coffee & Snack Social <b>10:30 Sunday Mass (Ch.39)</b> <b>11:00 Morning Star Worship (Ch.39)</b> <b>11:30 Exercise</b> 12:30 Serve Lunch	<b>29</b> 9:30Coffee Greeting 9:45 Vietnamese Relaxing Music <b>10:00 New Year Artworks</b> <b>10:30 Chapel</b> <b>11:30Lawrence Welch Show(Ch.39)</b> 12:00 Resident Lunch <b>2:00 Sparkling Nails</b> <b>3:00 Monday Oldies</b> 3:30 Room Visits	<b>30</b> 9:30I Love Coffee 9:45 Vietnamese Oldies <b>10:00Cooking Group</b> <b>10:30Chapel</b> 12:00Resident Lunch 12:45Move to the Music (MDR) <b>1:30 Boxing (Rehab)</b> <b>1:30 Pet Therapy</b> <b>2:30Hallway Singalong</b> 3:30 Mobil Spa	<b>31</b> 9:30 Coffee House 9:45 Vietnamese Relaxing Music <b>10:00Jewelry Crafts</b> <b>10:30 Chapel</b> 11:00 Graceful Motion (MDR) 12:00Resident Lunch <b>2:00 Birthday Party Music Concert w/Slava (MDR)</b> 3:30 Refreshing Beverages & Snacks		<b>*This schedule is subject to change to better meet the needs of our residents</b> 	 <b>Leonard E. 1/18</b> <b>Alma S. 1/21</b> <b>Chester B. 1/22</b> <b>Quang L. 1/23</b> <b>Emma B. 1/27</b>