

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 3:00 Card Games 4:00 Monday Oldies New Year's Day	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 2:00 Resident Council 2:45 Winter Crafts 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Concert/Seth(MDR) 3:30 Aroma Therapy	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace groove 10:30 Mass with Fr. Linh 11:00 Morning Meditation 11:30 5 Senses Sensory 12:00 Resident Lunch/Music 12:45 Move to the music/Michael (MDR) 2:00 B-I-N-G-O (MDR) 3:30 Trivia	8:45 Morning Greetings/Coffee Social 9:30 Joyful Grace 10:30 Trivia 11:00 Graceful Motion program (MDR) 12:00 Resident Lunch/Music 1:00 Leisure Music 2:00 Ice Cream 3:00 Movie Magic (Ch. 39)	9:45 Morning Greetings 10:00 Chronicle) 10:30 Saturday Hymns (Ch.39) 11:00 Dance of Friends 11:15 70's Disco (Ch.39) 2:00 Happy Hour 4:00 Independent Leisure
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 3:00 Card Games 4:00 sorting & organizing. 5:00 Monday Oldies	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 2:00 Boboli Pizza Blast 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Concert /BetteB(MDR) 3:30 Aroma Therapy	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace groove 10:30 Chapel Service w/ Elizabeth 11:00 Morning Meditation 11:30 5 Senses Sensory 12:00 Resident Lunch/Music 12:45 Move to the music/Michael (MDR) 2:00 B-I-N-G-O (MDR) 3:30 Trivia	8:45 Morning Greetings/Coffee Social 9:30 Joyful Grace 10:30 Current Events 11:00 Graceful Motion program (MDR) 12:00 Resident Lunch/Music 1:00 Leisure Music 2:00 Ice Cream Joy 3:00 Movie Magic (Ch. 39)	9:45 Morning Greetings 10:00 Chronicle) 10:30 Saturday Hymns (Ch.39) 11:00 Dance of Friends 11:15 70's Disco (Ch.39) 2:00 Happy Hour 4:00 Independent Leisure
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 2:00 Martin Luther King Celebration/ Marie @Ariel 3:00 Card Games 4:00 sorting & organizing. 5:00 Monday Oldies Martin Luther King Jr. Day	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 2:00 Crochet Club 2:30 Therapy Magic 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Jewelry Creations 3:30 Aroma Therapy	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace groove 10:30 Chapel Service w/ Elizabeth 11:00 Morning Meditation 11:30 5 Senses Sensory 12:00 Resident Lunch/Music 12:45 Move to the music/Michael (MDR) 2:00 B-I-N-G-O (MDR) 3:30 Trivia	8:45 Morning Greetings/Coffee Social 9:30 Joyful Grace 10:30 Trivia 11:00 Graceful Motion program (MDR) 12:00 Resident Lunch/Music 1:00 Leisure Music 2:00 Ice Cream Joy 3:00 Movie Magic (Ch. 39)	9:45 Morning Greetings 10:00 Chronicle) 10:30 Saturday Hymns (Ch.39) 11:00 Dance of Friends 11:15 70's Disco (Ch.39) 2:00 Happy Hour 4:00 Independent Leisure
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 3:00 Card Games 5:00 sorting & organizing. 5:00 Monday Oldies	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 2:00 Cooking Club 2:30 Therapy Magic 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Activity on the move/ Willie Pleasant (MDR) 3:30 Aroma Therapy Tu B'Shevat Begins	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace groove 10:30 Chapel Service w/ Elizabeth 11:00 Morning Meditation 11:30 5 Senses Sensory 12:00 Resident Lunch/Music 12:45 Move to the music/Michael (MDR) 2:00 B-I-N-G-O (MDR) 3:30 Trivia	8:45 Morning Greetings/Coffee Social 9:30 Joyful Grace 10:30 Current Events 11:00 Graceful Motion program (MDR) 12:00 Resident Lunch/Music 1:00 Leisure Music 2:00 Ice Cream Joy 3:00 Movie Magic (Ch. 39)	9:45 Morning Greetings 10:00 Chronicle) 10:30 Saturday Hymns (Ch.39) 11:00 Dance of Friends 11:15 70's Disco (Ch.39) 2:00 Happy Hour 4:00 Independent Leisure
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 3:00 Card Games 5:00 sorting & organizing. 5:00 Monday Oldies	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 2:00 Cooking Club 2:30 Therapy Magic 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Activity on the move/ Willie Pleasant (MDR) 3:30 Aroma Therapy Tu B'Shevat Begins	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace groove 10:30 Chapel Service w/ Elizabeth 11:00 Morning Meditation 11:30 5 Senses Sensory 12:00 Resident Lunch/Music 12:45 Move to the music/Michael (MDR) 2:00 B-I-N-G-O (MDR) 3:30 Trivia	8:45 Morning Greetings/Coffee Social 9:30 Joyful Grace 10:30 Current Events 11:00 Graceful Motion program (MDR) 12:00 Resident Lunch/Music 1:00 Leisure Music 2:00 Ice Cream Joy 3:00 Movie Magic (Ch. 39)	9:45 Morning Greetings 10:00 Chronicle) 10:30 Saturday Hymns (Ch.39) 11:00 Dance of Friends 11:15 70's Disco (Ch.39) 2:00 Happy Hour 4:00 Independent Leisure
8:45 Morning Greetings 9:30 Dance of Friends 10:30 Sunday Mass (Ch.39) 11:00 Morning Star Worship (Ch.39) 2:00 Happy Hour 3:00 Leisure Visits 4:00 Sunday/Slow Tunes	8:45 Morning Greetings/Coffee Social 9:30 Ageless Grace fitness 10:30 Chapel Service w/ Elizabeth 11:00 Room to Room 1:1 11:30 Sensory game 12:00 Resident Lunch/Music 1:30 Fancy Nails 3:00 Card Games 4:00 Monday Oldies 5:00 sorting & organizing	8:45 Morning Greetings/Coffee Social 9:30 Dance Joy 10:30 Chapel Service w/ Elizabeth 11:00 Creative Arts 12:00 Resident Lunch/Music 12:45 Move to the music/Michael 1:00 Music Healing 1:30 Boxing with Tessa (2nd floor) 2:30 Therapy Magic 3:30 Music Memories (Ch.39) 4:00 Sensory Exploration	8:45 Morning Greetings/Coffee Social 9:30 Dance of Friends 10:30 Chapel Service w/ Elizabeth 11:00 Graceful Motion (MDR) 11:30 Room to Room 1:1 12:00 Resident Lunch/Music 130 Creative Drawing 2:00 Birthday party/Slava 3:30 Aroma Therapy	<div> <div>January 2024</div> <div>Hemenway Park</div> <div>Group Activities are subject to change to better meet the needs of our residents.</div> </div>		